

Data Center Physical Infrastructure for Medical Imaging and Diagnostic Equipment

White Paper 86

Revision 1

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> Executive summary

Medical imaging and diagnostic equipment (MIDE) is increasingly being networked to Picture Archiving and Communications Systems (PACS), Radiology Information Systems (RIS), Hospital Information Systems (HIS), and getting connected to the hospital intranet as well as the Internet. Failing to implement the necessary data center physical infrastructure (DCPI) can result in unexpected downtime, and safety and compliance issues, which translates into lost revenue and exposure to expensive litigations, negatively affecting the bottom line. This paper explains how to plan for DCPI when deploying medical imaging and diagnostic equipment, with emphasis on power and cooling.

Contents

Click on a section to jump to it

Introduction	2
Modalities	4
Picture archiving and communication systems (PACS)	6
Radiology information systems (RIS) and hospital information systems (HIS)	8
Wiring closets or intermediate distribution frame (IDF)	10
Conclusion	12
Resources	13

Introduction

The proliferation of information technology (IT) and other high technologies into medical imaging and diagnostic equipment (MIDE) in the last decade has resulted in the evolution of powerful new devices in the field of diagnostics and interventional radiology. The information generated and carried by these images is crucial to the treatment in cardiology, neurology, oncology, gynecology & obstetrics, orthopedics, surgery and pulmonary medicine. These new developments have helped in the early detection and treatment of diseases and significantly improved patient care. A typical MIDE Network is illustrated in **Figure 1**. MIDE can be broken down into five broad sub-categories:

1. Modalities that capture or generate the images
2. Picture Archiving and Communications Systems (PACS) that store the generated images and make them available to the physicians and nurses for diagnosis and treatment
3. Radiology Information Systems (RIS) and Hospital Information Systems (HIS) that monitor and manage the work flow of radiology departments and entire hospitals, all the way from the patient check-in, to scheduling and billing, to generating electronic medical records and management reporting
4. Computed Radiography (CR) that helps convert films to digital images on cassettes or Digital Radiography (DR) that provides cassette-less digital images
5. Laser printers that print films when required and other peripherals

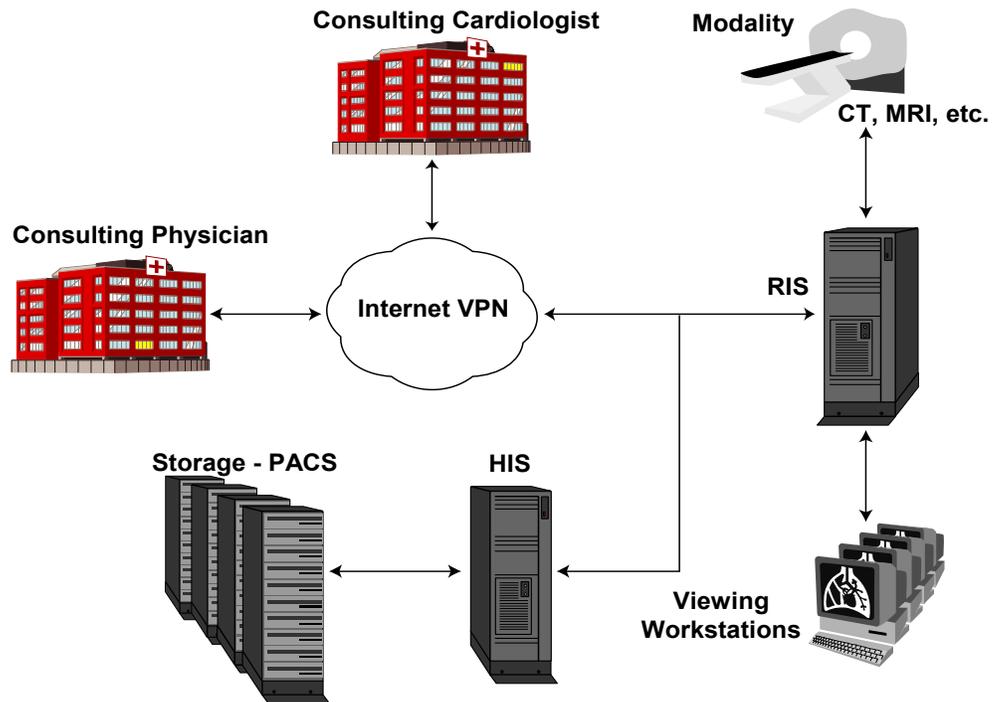


Figure 1

Typical MIDE network

Modalities are high tech medical imaging systems including Computed Tomography (CT), Magnetic Resonance Imaging (MRI), Positron Emission Tomography (PET), Ultrasound (US), and Electro-Cardiogram (ECG). They get connected to a PACS and to RIS/HIS through Local Area Networks (LANs) or Wide Area Networks (WANs). Newer, modern hospitals have even started to deploy Wireless Local Area Networks (WLANs). PACS may have their own Storage Area Networks (SANs) or Network Attached Storage (NAS) and the RIS and HIS may be made of several clusters of servers and a number of workstations distributed in

different departments of the hospitals. Because of their numerous benefits combined with the enormous pressure on the hospitals to improve quality of care, reduce errors, comply with federal regulations like HIPAA, and simultaneously cut cost, adoption of all these technologies is inevitable, converting the traditional hospital into a “digital enterprise”.

The backbone of this new digital hospital is a network made up of different modalities, PACS and RIS/HIS, CR/DR, printers and peripherals. This highly complex network and its components has to comply with relevant standards like Digital Imaging and Communications in Medicine (DICOM), Health Language Seven (HL7), Underwriters Laboratory (UL), Federal Communications Commission (FCC), National Electrical Code (NEC), and other applicable local and national codes such as BS7671:2001 (U.K.), NFC15-100 (France), and VDE (Germany), as well as international such as CEI IEC 60364. This imposes a huge challenge to the IT and the facilities manager to provide the right data center physical infrastructure (DCPI). DCPI is the foundation upon which the critical equipment, systems and networks reside, but is often ignored. It has to be reliable, scalable, highly available, and manageable. It consists of:

1. Power systems such as uninterruptible power supplies (UPSs), power distribution units (PDUs), isolation transformers, and generators to provide uninterrupted, conditioned, clean power to the critical loads
2. Precision cooling systems that provide optimal environment by regulating temperature and humidity
3. Racks that house the critical network equipment like servers, switches, routers, and gateways
4. Physical security and fire protection systems
5. Cabling to interconnect equipment
6. Management systems to monitor and manage these systems, locally as well as remotely to ensure their satisfactory operation 7x24x365
7. Services to design, deliver, install, commission, operate and maintain these systems

Special attention should be given to the hospital wiring closets which allow networking of the modalities to PACS and RIS/HIS as well as other workstations and peripherals within the hospital premises. It is these backbone closets that support this complex hospital network carrying critical data, voice and video, keeping the network up and running.

The hospital power system is a large complex electrical system consisting of high voltage transformers, automatic transfer switches (ATS), generators, isolation transformers, PDUs, etc. This power system feeds a variety of electrical loads including lighting, heating, ventilation air-conditioning (HVAC) systems, elevators, escalators, large pumps, fans, motors and more. The random nature of these loads (turning on and off randomly) creates an unstable power environment (i.e. sags and surges) that more sensitive MIDE loads and other IT networks that support them, must endure. Healthcare companies and hospitals faced with these challenges should engage partners like American Power Conversion by Schneider Electric with engineering expertise to perform complete DCPI assessments that identify weaknesses and suggest corrective actions. This paper discusses and reviews the challenges imposed on DCPI while deploying medical imaging and diagnostic equipment (MIDE), with a focus on power and cooling.

Note: This paper does NOT address infrastructure related to patient safety, life support equipment, operation rooms (ORs), Intensive Care Units (ICUs) and any other similar environments.

Modalities

Depending on the patient's ailment, a physician can use different modalities for diagnosis and treatment (i.e. X-Ray or CT for orthopedics, ECG or MRI for cardiology or Ultrasound for obstetrics). These modalities can be broadly classified into two categories: portable and stationary. Portables can be further classified into hand held (i.e. blood glucometer) and trolley or cart mounted (i.e. ultrasound) while stationary devices can be further classified into desk mounted (i.e. blood, urine analysis equipment) or floor mounted (i.e. CT, MRI). **Figure 2** illustrates a cart mounted ultrasound and **Figure 3** illustrates a floor mounted MRI machine. The floor mounted, desk mounted and cart mounted devices need the most DCPI planning.

Figure 2 (left)

Cart mounted ultrasound

Figure 3 (right)

Floor mounted MRI



Environment

Modalities are generally used in an indoor office environment. The cart mounted and desk mounted modalities generally use 120 VAC, 208 VAC or 230 VAC single phase power less than 5 kVA. The floor mounted devices typically require 208 VAC, 400 VAC or 480 VAC three phase power, ranging from 20 kVA to 300 kVA or more. They require a lot of space and often times have their own separate room within the main hospital building or adjacent to it. They may be cooled with the building's comfort air-conditioning system or they may have a precision computer room air-conditioning (CRAC) system, which more tightly controls temperature and humidity in the environment. **Figure 4** illustrates a typical MRI facility with floor mounted equipment.

Figure 4

Typical CT or MRI facility



Challenges

Modalities need to be protected from power anomalies that cause hardware failures such as blown power supplies or printed circuit boards (PCBs) as well as from system software crashes. Physical space is a major constraint for large modalities like CTs and MRIs, more so in big hospitals in urban areas, as they have no room to expand. These modalities consume a lot of power, so heat dissipation is a major challenge to the building cooling system. Often times, comfort cooling is not sufficient and precision cooling is required. One of the most critical requirements is to provide electrical isolation from the electrical utility input to protect the patient and the technicians from any shock hazards. Compliance to National Electrical Codes (NEC) and other local, state, national, and international codes is of paramount importance.

Best practices

- Since the hospital power grid is electrically “noisy and dirty” with a lot of electrical surges and sags, it is a good practice to provide UPS protection to all sensitive, expensive electronics systems, LCD displays, workstations, printers and peripherals. The UPS system protects the hardware, avoids unwarranted system crashes while tests are in progress, prevents loss of patient data files, and provides safe, reliable radiology examinations.
- UPS systems used in the hospital should meet the following stringent standards:
 - UL1778 – American Standard for UPS
 - CSA22.2 No. 107.1 – Canadian Standard of UPS
 - FCC Part 15 Class A – American Standard for Electromagnetic Radiation
 - ANSI C62.41- American Standard for surge withstand capability
 - IEC60950 – International Standard for UPS Systems
 - EN50091-1- European Standard for Electromagnetic compatibility

Depending on their usage, cart mounted and desk mounted devices may require the UPS to comply with UL544 (instead of UL1778) which is the Underwriters Laboratory (UL) standard for medical & dental equipment. The newer UL 2601-1 which is similar to the international standard IEC60601-1 is getting widely adopted for patient vicinity applications and will replace the UL544.

- For large floor mounted modalities, a large UPS (50-300kVA typical) should be installed to protect the entire room. Isolation transformers and the appropriate circuit breakers should be used to limit the leakage currents and electrical shock hazards for such modalities. These isolation transformers are sometimes built into the UPS or may be optional outside of the UPS box. All equipment should be installed in compliance with relevant codes like NEC, NFPA 70, NFPA99 (for U.S), and all other applicable local and national codes such as BS7671:2001 (U.K.), NFC15-100 (France), and VDE (Germany), as well as international such as CEI IEC 60364. Understanding and interpreting the codes can, in some unique cases, become very controversial and the final say should be from the authorities having jurisdiction. In instances where budget constraints prohibit investment in a large facility level UPS, a smaller UPS (5-10kVA) dedicated to the sensitive electronics and computer system of the CT, MRI, PET should be considered. In addition, UPS protection should be provided to all their viewing stations & workstations.
- Sizing of the UPS for many devices like CTs and MRIs can be challenging since they draw very high amounts of inrush current. Ample precautions should be taken while sizing their power systems (including UPS, generators, transformers, and switchgear). Their normal power consumption as well as the inrush current ratings are available from their manufacturers. Allow enough margins for miscellaneous loads and future growth. Many companies like Schneider Electric have dedicated Systems Engineers, power pro-

tection specialists, etc. who can help evaluate the right solution for every unique customer situation.

- Adequate cooling and air flow should be provided for all modalities that have sensitive electronics dissipating heat. For most of the cart and desk mounted modalities, building HVAC should be sufficient. However for large floor mounted modalities like CTs, MRIs or PETs supplemental cooling may be required. Precision cooling should be preferred as it can provide temperature and humidity control in the CT/MRI room.
- All of the networked modalities and their physical infrastructure should be monitored and managed (i.e. environmental conditions of the radiology room, UPS battery life, runtime and capacity, and generator fuel) so that anomalies can be quickly detected and a corrective action be taken proactively to avoid any downtime.

Picture archiving and communication systems (PACS)

PACS make it possible to electronically store, manage, distribute and view images. Fundamentally, these systems are a network of all image acquisition devices, display workstations and storage systems. They are made up of a broad range of technologies that enable digital radiology and digital hospitals that will eventually be capable of tele-radiology, tele-medicine and tele-surgery. In the last decade, PACS have become more complex, encompassing systems that digitally acquire, convert, interpret, transmit and store medical images. It is growing at a significant pace and is expected to completely transform the legacy hospitals into digital enterprises. Diagnostic images will be available anytime, anywhere with little or no human intervention, making their distribution faster, easier and more reliable. Because of its numerous benefits, adoption of this technology is inevitable. **Figure 5** illustrates the components of a typical PACS.

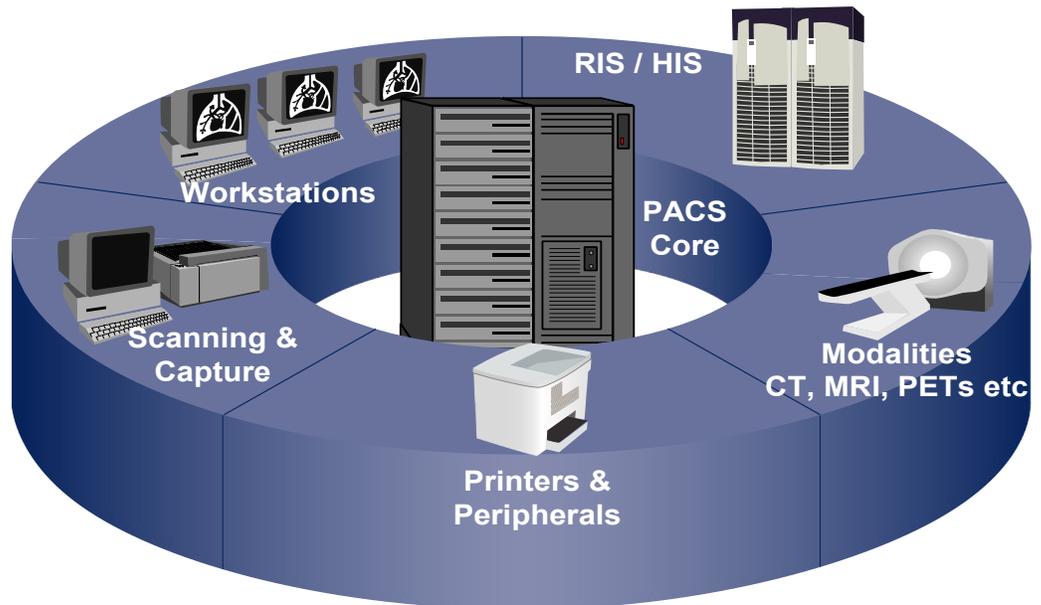


Figure 5
Typical PACS

Environment

The core of the PACS is made up of high availability RAID storage and server clusters running Windows, Unix, Linux or a propriety operating system. These RAID storage and server clusters are housed in racks in a computer / data room or data center environment. Typically they draw less than 10 kVA, single phase AC power at 120 V, 208V or 230 VAC. Very large systems may draw three phase power.

Challenges

PACS need to be available on demand to the nurse, physician, clinician or specialist surgeon, providing latest imaging data of the patient under treatment. It needs to be highly available, 7x24x365 and there is little tolerance to downtime. Since the RAID drives and server clusters are confined to rack enclosures, handling their heat dissipation within the racks often becomes a bigger challenge.

Best practices

- PACS should be protected with an N+1 redundant UPS system. This N+1 UPS system not only protects the hardware but also protects the software from malfunctioning and gracefully shuts down and reboots the operating system if needed, thereby preventing a hard crash. The N+1 redundancy of the UPS system mirrors the redundancy of the RAID storage drives and server clusters which are at the core of the PACS, providing high availability. For smaller, simpler systems, a basic UPS can be provided.
- Often times, additional receptacles are needed for plugging in all required devices. Rack based PDUs should be used to provide additional outlets. PDUs that can measure and display current, which can help prevent accidental overloading and shut down of the PACS are recommended. PDUs that allow remote outlet control via the web are desirable as they can help reboot a hung server or a storage drive efficiently.
- At a minimum, surge suppression should be provided for LCD/CRT based passive viewstations. For PC based active workstations running software applications, UPS protection with graceful shut down and reboot capabilities is highly recommended.
- The PACS storage and servers should be housed in secured, lockable, rack enclosures. These racks should be in a temperature controlled environment. The racks housing PACS storage and servers are generally very dense physically and in terms of power consumption. The rack doors should be perforated, allowing for maximum airflow. When power draw in the rack exceeds 2 kW, rack-based cool air distribution units should be provided so that the RAID drives and the servers in the top portion of the rack do not get overheated and fail. For rack power densities approaching 6 to 8 kW, rack-based hot air removal units should be considered. For power densities in excess of 8 kW, self-contained high-density cooling systems should be used (such as APC's High-Density Cooling Enclosure shown in **Figure 6**).

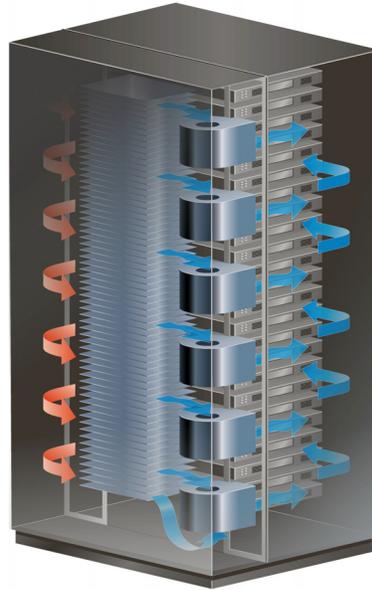


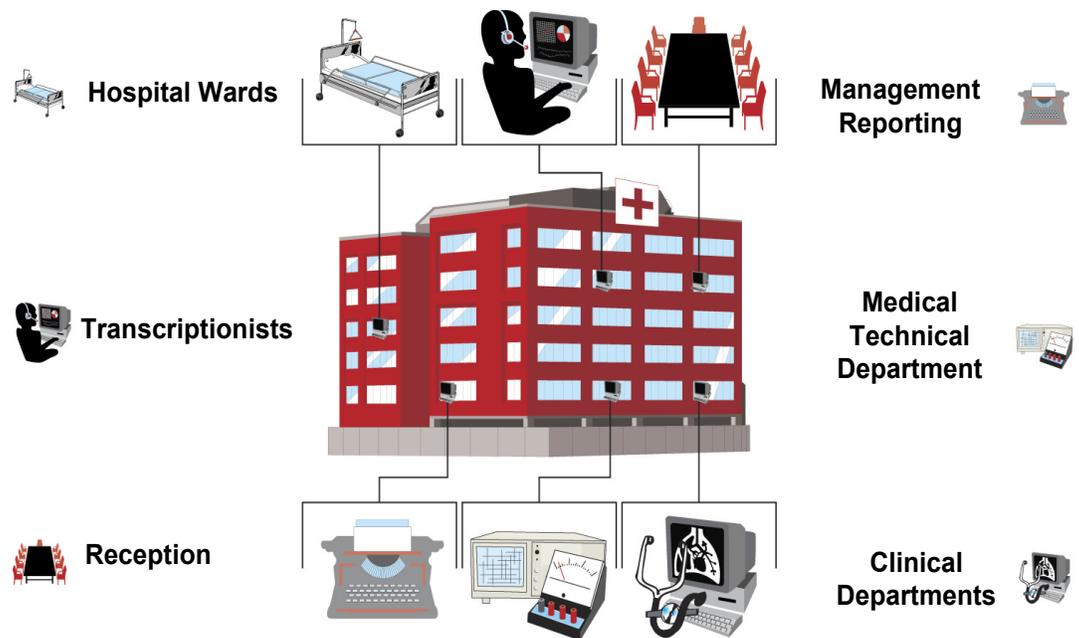
Figure 6

Example of high density cooling solution

- A good management strategy involves the management of PACS servers, storage and their entire DCPI including UPS, PDUs, batteries and their critical environment (temperature and humidity). This will give early warning of any anomaly or impending disaster so that corrective actions can be taken and prevent all avoidable shutdowns.

Radiology information systems (RIS) and hospital information systems (HIS)

RIS and HIS are server based systems running special software that make it possible to store, monitor, manage and distribute patient medical information. They help patients in scheduling appointments, registration, and billing, and help hospitals in generating, maintaining and managing patient's electronic medical records as well as generate workflow, work-list, management reporting and variety of other tasks. These RIS and HIS are really becoming one large HIS and are integrated / networked with PACS as well as various other modalities within the hospitals providing complete automation. By converting them into "digital hospitals", they can significantly improve patient-care, minimizing human errors, saving lives and reducing costs. **Figure 7** shows a typical RIS / HIS and its subcomponents.

**Figure 7**

Typical RIS / HIS system

Environment

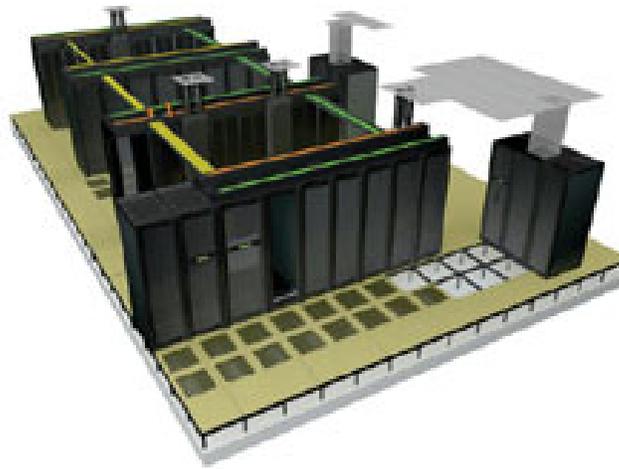
These systems are generally housed in a data center environment drawing 10 kW single-phase 208 VAC or 230 VAC power on the lower side, to hundreds of kilowatts of three-phase 400 VAC or 480 VAC power on the higher side. The majority of data centers in hospitals have a UPS with battery back-up, precision air conditioning units, and a back-up generator.

Challenges

RIS / HIS are the most important systems within the data center requiring longer runtime and higher redundancy and availability than most other equipment. Since these systems are merging to form one big HIS on which the entire hospital depends for normal functioning, their availability requirements are generally 99.999% (five nines) or higher which translates to average unplanned downtime of 5 minutes per year or less. Additionally these systems may be located in high rise buildings and attention should be paid to the floor load (weight) handling capacity, elevator hauling capacity, door heights and widths to ensure that the DCPI elements like UPS, batteries, and air-conditioning can be rolled in to their planned positions.

Best practices

- The physical infrastructure supporting the RIS / HIS should provide highest levels of redundancy while minimizing the total cost of ownership. An N+1 redundant UPS with automatic and manual bypass is very common and often times it is extended to the generator as well as the precision air-conditioning systems to ensure the highest levels of availability. The entire infrastructure should be scalable to allow for future expansion, be manageable like the other IT equipment, and be serviceable to reduce mean time to recover. An example of such a system is the APC InfraStruXure and is shown in **Figures 8**. All of these characteristics contribute to the overall availability of the system.

**Figure 8**

APC InfraStruXure®

- Servers & systems requiring the highest levels of availability should be identified and grouped so that they can be provided with longer runtime and higher levels of redundancy in a separate area, and in separate racks within the data center. This concept of “targeted availability” helps increase availability of business critical systems without having to incur a large capital expense for the entire data center. Higher levels of redundancy like dual feeds with dual generators and dual N+1 UPS with dual power paths all the way to the rack should be considered for highly-critical data centers and networks.
- PDUs should be able to measure and display current, which can help prevent accidental overloading and shutdown of the RIS / HIS. PDUs that allow remote outlet control via the web are desirable for rapidly rebooting a hung server or a storage drive. Isolation transformers should be used wherever required and mandated by local laws.
- Precision air conditioning equipment should have the capability to allow for expansion. Redundant air conditioning units should be considered for higher availability. For high power density racks (>2 kW / rack) additional air distribution and air removal units should be used to avoid hot spots. For more information on cooling best practices refer to White Paper 49, *Avoidable Mistakes that Compromise Cooling Performance in Data Centers and Network Rooms*.

Related resource
White Paper 49

*Avoidable Mistakes that
Compromise Cooling
Performance in Data
Centers and Network Rooms*

Wiring closets or intermediate distribution frame (IDF)

Medical imaging and diagnostic equipment are getting more and more networked. Modalities like CTs and MRIs get connected to PACS which are connected to RIS and HIS which in turn are connected to the hospital intranets and extranets. The wiring closets or IDFs, as shown in **Figure 9**, play a very vital role in ensuring the connectivity of this equipment and the availability of the network, 7x24x365. Wiring closets comprise of layer 2 and layer 3 access and distribution switches, hubs, routers, patch panels, UPS systems with a battery back-up as well as any other miscellaneous telecommunications equipment mounted generally in a two post rack. Newer IDFs or wiring closets also supply power over the Ethernet (PoE) to networked devices like IP phones, web/security camera and any other devices drawing power up to 15 W. This imposes a lot more challenges on the power and cooling requirements in the closets.

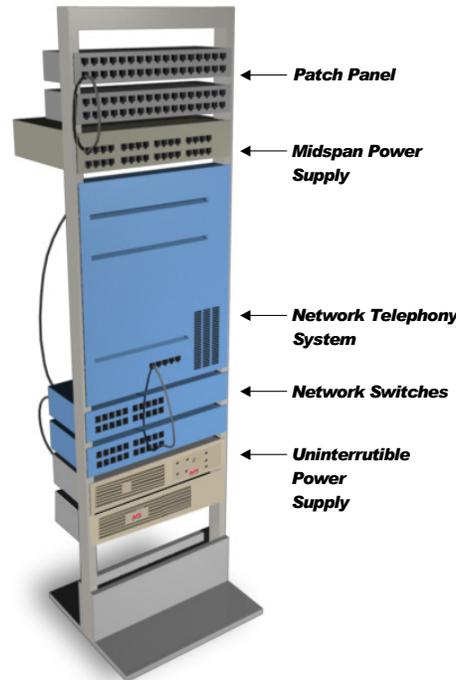


Figure 9
IDF (wiring closet)

Environment

These IDFs or wiring closets are typically hidden in some remote location of the building with little or no ventilation and illumination. Legacy telecommunication networks typically used wiring closets mainly for punch-down blocks, patch panels, and a few small stackable hubs or switches. However, new networking equipment supply power over the Ethernet uses and dissipates considerably more power. These new switches support data, voice and video, generally 19" rack mount type, and have varying air flow patterns depending on the manufacturers (i.e. side to side vs. front to back). A typical IDF will house 1-3 racks worth of equipment and draw 500 W to 4000 W of single phase AC power or more. Two post racks are very popular in the wiring closet; however, four post racks are getting popular as the new equipment is getting heavier and deeper.

Challenges

While deploying PACS, RIS, HIS or new modalities that are being networked, these wiring closets or IDFs need the most attention in terms of power and cooling. Ensuring the right type of receptacles (i.e. L5-20, L5-30, L6-20, IEC 320 C19, and IEC 320 C13) and the right amount of power with the right circuit breaker protection to all the networking equipment, UPS and PDU in the wiring closet is a challenge. Cooling and airflow are often a bigger but ignored problem to address in these wiring closets.

Best practices

All equipment in the IDF should be protected by a UPS system. The selection of UPS should be based on:

- The total power required in Watts
- The run time required in minutes
- The level of redundancy or fault tolerance desired

- The voltages and receptacles required

The UPS system is sized by taking the sum of the Watt ratings of the loads. A common rack-mount UPS like the APC Smart-UPS will provide approximately four nines (99.99%) of power availability, while an N+1 redundant, UPS with built in bypass, like the APC Symmetra RM, with one hour runtime will provide approximately five nines (99.999%), which may be sufficient for most applications. See **Appendix** of White Paper 69, *Power and Cooling for VoIP and IP Telephony Applications* for details on this availability analysis. UPS products are available with battery packs to provide different durations of run time.

Identify the plugs and receptacles required for all the equipment including the UPS in the wiring closet. Ideally all of the equipment should be plugged directly into the back of the UPS or the transformer, and the use of additional outlet strips or rack PDUs should be avoided. However, if there are many devices, it may not be practical and a rack PDU should be used. In that case a high-grade rack PDU specifically designed for the purpose should be used. The PDU should have enough receptacles to plug all the current equipment with some spares for future needs. PDUs with a meter displaying the current power consumption are preferred as they reduce human error like accidental overloading and resultant load drops. For the correct selection of the appropriate UPS model meeting the required power level, redundancy, voltage, and run time, the process is simplified by using a UPS selector such as the APC [UPS Selector](#). This system has power data for all popular switches, servers and storage devices, which avoids the need to collect this data. In systems like this, the choice of configuring a UPS will provide various receptacle options.

To ensure continuous operations of the equipment in the wiring closet, 7x24x365, cooling and airflow issues must be identified and addressed. The problem of heat dissipation and need for supplemental air-conditioning is most pronounced in the wiring closets which have no vents. Power dissipation in the wiring closet should be calculated to decide on a cost effective way to solve the problem (see **Table 1 & Table 2** in White Paper 69, *Power and Cooling for VoIP and IP Telephony Applications* for details).

Finally, environmental monitoring (i.e. temperature and humidity) within these wiring closets is highly recommended as it will help flag any abnormal conditions, allow for enough time to take proactive measures and avoid downtime.

 Related resource
White Paper 69
*Power and Cooling for VoIP
and IP Telephony Applications*

Conclusion

To ensure high availability and reliability to medical imaging and diagnostic equipment, including PACS, RIS, HIS, modalities and their network, special attention must be paid to their data center physical infrastructure (DCPI). The biggest challenges are in terms of power, cooling, physical space, management and services. Providing UPS protection to all such devices protects the hardware, prevents the software from unwarranted crashes and increases their availability significantly. Cooling is a special problem for bigger floor mounted modalities, high density storage and servers for PACS as well as RIS / HIS and hospital wiring closets. In some cases, a building's HVAC system along with proper ducting, ventilation and airflow may be sufficient. However in many situations, additional cooling in the form of precision air conditioning is required. Companies like Schneider Electric have dedicated team of systems engineers, power protection specialists and availability consultants who can help in doing assessments and audits of data center physical infrastructure and provide detailed actionable reports on improving overall system reliability and availability while minimizing the total cost of ownership.



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Resources

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The Different Types of UPS Systems

White Paper 1



Avoiding costs from Oversizing Data Center and Network Room Infrastructure

White Paper 37



Dynamic Power Variations in Data Centers and Network Rooms

White Paper 43



Avoidable Mistakes that Compromise Cooling Performance in Data Centers and Network Rooms

White Paper 49



Power and Cooling for VoIP and IP Telephony Applications

White Paper 69

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